

THE BUTTON LAW FIRM

## HOT-BUTTON ISSUES

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## IT'S A LIFESTYLE

At the beginning of our open house this spring, our attorney Ashley gave a powerful speech about finding a larger purpose through your work. "When you find your passion, it no longer feels like a job or career. It becomes a lifestyle and part of your identity," she shared. Her message hit home for all of us because it's exactly how we feel at The Button Law Firm.

In your life, and especially in your work, you get to choose the track you want to take. Some people are the punch in, punch out type, while others take pride in what they do. For folks in the latter category, their job is a lifestyle. You know these people, or maybe you are one of them. You go home and read books that help you get better at what you do. You wake up early to review your seminar notes before hopping on the treadmill. You go out of your way to help a client on the weekend. You go all-in for your job, not because you have to but because you want to.

When you love what you do, it becomes part of your life. When you do what you love, it doesn't feel like work. It helps to have a team full of people who share this mentality. Being surrounded by people who share your passion fuels you. Sure, we all get tired, and we all have off days. But when you're living your passion, you see the upside even on the hardest days.

The Button Law Firm is made up of folks like this: people who believe their purpose in life is more than just a 9-to-5. Each person has taken ownership of their life. We didn't end up here by accident; we came here because we believe in what we're doing for our clients, community, and people. We believe in what we do and why we do it. Our team members wear The Button Law Firm on their sleeves.



At the end of the day, when our entire team approaches work this way, it makes hard times easier and good times more enjoyable. And it's not just us who feel it; it extends to our clients and our co-counsel attorneys. You want to work with and be represented by a team like that.

Here is Ashley's powerful takeaway on the subject.

*"Finding your passion is just the first step. Finding the place that supports your passion, puts systems in place to support that passion, and feels the same way you do about it is the hard part. That was the journey I was on for a long time — finding the right home so that my passion never felt like 'work.'*

*"Fortunately, two years ago, I found that here at The Button Law Firm. I can wholeheartedly say that every minute I spend doing what we do is another minute spent doing things the right way. Our whole team has this mentality. That isn't to say we spend every waking moment practicing law, because we do not. We each have our lives, families, pets, and hobbies. Rather, when we wake up on Monday morning to show up, we aren't showing up for work. We are just showing up for life. This is not a job — this is just who we are."*

*-Russell Button*



# NATALIA RISES TO EVERY OPPORTUNITY

## Get to Know Our Summer Intern

We're excited to introduce our summer marketing intern, Natalia. Natalia is a business major at the University of Texas at Dallas, and she's spending the summer with us to get real-world experience for the concepts she learned in school.

From day one, Natalia has been a natural fit with the team, taking it upon herself to learn our systems, study up on our methods, and adapt to them immediately. As Russell says, "She's just a month in and already making a difference. I can't wait to see what she accomplishes!"

Natalia is working closely with Gabriela on marketing tasks and says she's already learned a lot in her time here. "I really enjoy learning the technical side. I'm doing

some graphic design, too, and I really enjoy that," Natalia says. "You always learn about these concepts in class, but getting to see it firsthand, seeing it day to day, is really helpful in visualizing what I'll be doing after graduation," Natalia says.

Speaking of graduation, Natalia is one semester away from completing her degree, and she's excited about the launching pad her internship at The Button Law Firm is giving her. "I plan to continue to work on the skill set I have, and I'm open to opportunities. I'm open to whatever comes," she says of her bright future.

Fortunately, Natalia will get a chance to recharge and reflect on her experiences before heading back to school. At the end



of the summer, between her internship wrapping up and classes starting, she's going on a road trip with her husband to tour New Mexico and Colorado. It sounds like her adventures are just beginning.

# 3 LIFE LESSONS MY MOM TAUGHT ME



Because July 23 is my mom's birthday (happy birthday, Mom!), I want to take a moment and share some of the wisdom she has imparted to me. While she's taught me innumerable life lessons, three in particular stick out in my mind.

### 1. ONE THING AT A TIME

My mom has always helped me out with reminding me to take things one at a time. I get in the habit of thinking I can do everything at once and end up with so much on my plate that if one thing goes wrong, I'm totally behind and have to dig my way out. Whenever I'm in those phases, my mom reminds me of the simplest truth: You're not going to be able to tackle it all, so tackle things one at a time.

### 2. DON'T LOSE FOCUS

Mom has always been goal-driven, and it was a quality she raised us with. I remember sitting around the table as a kid at Sunday dinners, and Mom asked us what we wanted

to accomplish that week. She had us write down our goals every week, so we wouldn't lose sight of them. I was in kindergarten when she started doing that, but I remember those lessons to this day.

### 3. KEEP IMPROVING

My mom is an avid reader, consuming multiple articles and books each week. To this day, when I see her or give her a call, she asks, "What's the last book you finished? What are you reading right now?" If I'm going on a trip, she'll ask, "What book are you taking with you?" She's always been about looking for ways to improve. Up until my high school graduation, she had us play 30 minutes of music a day. Music has always been a part of my life — I even took piano in college — and it goes back to my mom's approach: How you train is how you play.

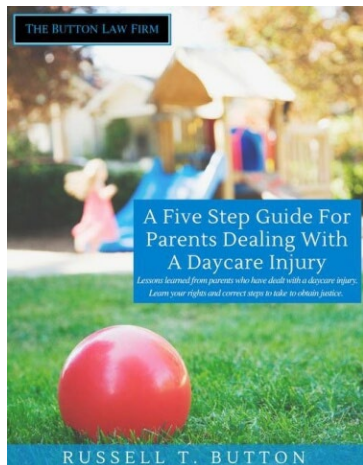
*-Russell Button*



# PREVENTING HEATSTROKE AT DAYCARE

## Who's Responsible?

With the sun beaming all day, every day for most of the year in the Lone Star State, we get to soak up plenty of sun year-round, especially in the summer. But what happens when it's too much?



With hot weather comes a responsibility to protect kids from heatstroke. Children can easily play for hours with no need for a break. Because they're having fun, they don't realize their bodies are overheating. Daycare providers need to understand the severity of this issue and use good judgment when deciding enough is enough.

### KIDS ARE MORE SUSCEPTIBLE TO HEATSTROKE

The younger you are, the less your body is able to handle the heat. The central nervous system isn't fully developed in children and can't handle changes in body temperature caused by long exposure to sunlight or hot temperatures. The most serious forms of heatstroke occur when a child's body temperature rises to 104 degrees F or above. Heatstroke can result in serious damage, including death, if not quickly and properly handled.

### WHAT PRECAUTIONS SHOULD DAYCARES TAKE TO PREVENT HEATSTROKE?

There are many things daycare centers and providers can do to prevent heatstroke in kids under their care. Key practices include:

- Not letting kids play outside when the temperature is 100 degrees F or hotter.
- Not letting kids be outside for more than 2-3 hours if the temperature is in the 90s.
- Supervising kids and paying attention to their faces for signs of redness.
- Providing plenty of water while kids are outside and after they return.

In addition, every daycare worker should be trained on the symptoms and treatment protocol for heatstroke. Specific training courses on heatstroke and heat-related medical care should be provided to daycare employees in Texas.

If you or someone you know has a child in daycare, please get your [free copy](#) of our guide for parents, "A Five Step Guide for Parents Dealing With a Daycare Injury." You can download it, along with our other free guides, instantly at [ButtonLawFirm.com/reports](http://ButtonLawFirm.com/reports).

## 5-STAR GOOGLE REVIEW



"I have worked as a referral attorney for Russell Button and his staff and must say that they are truly amazing. It is apparent just how much Russell cares about his clients. His passion for justice has made him a pleasure to work with, and I am proud to be a part of his professional team!"

-Chelsea Redding



### INGREDIENTS

- 2 lbs small potatoes
- 1 medium white onion
- 1/2 cup pickled gherkins
- 3 tsp whole grain mustard
- 3 tsp extra-virgin olive oil
- 1/2 tsp garlic powder
- Salt and pepper, to taste

### DIRECTIONS

1. Bring a medium stockpot of salted water to a boil.
2. Boil potatoes until fork tender, about 20-30 minutes.
3. In the meantime, finely chop onion and gherkins.
4. When potatoes are done cooking, strain and place in large salad bowl with onion and gherkins.
5. For dressing, whisk together mustard, olive oil, garlic powder, salt, and pepper. It's best to add oil gradually at the end.
6. Dress salad and let sit for 15 minutes to absorb flavor before serving.

## WE'VE MOVED!

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## BEHIND THE SCENES AT GOWNS OF GRACE

### Changing the Wedding Dress Shopping Experience

For many brides, finding the perfect wedding dress is challenging, to say the least. Maybe you've heard the emotional stories or seen them depicted on "Say Yes to the Dress." But Gowns of Grace, a Dallas bridal boutique, seeks to turn the process into something enjoyable by making dress shopping comfortable, relaxing, and fun.

Gowns of Grace opened in 2010 in a vintage home on Lovers Lane and has been flourishing ever since. They recently moved to a lovely new location on Alpha Road in Dallas to accommodate their growth.

Gowns of Grace started with Nancy, a seamstress and dress designer. Nancy learned how to sew from her grandmother and went on to get her degree in fashion merchandising, where she learned "the ins and outs of putting a garment together," describes Nancy's daughter, Natalie. Natalie joined Gowns of Grace in 2014 to build on the legacy her mother started.

Originally, Nancy did all the alterations and designed the dresses before adding in other designers' creations to stock the perfect range of garments for brides. "She has a great eye for design and for what will make people feel at ease," says Natalie. Gowns of Grace continues to provide customizations and alterations in-house, making the entire process even easier.



Nancy, Natalie, and everyone at the shop value giving each bride a customized and intimate experience. They get to know brides, their family members, and any friends who come in with them. "It really is wonderful," says Natalie of getting to be part of a bride's dress selection process. "We really get to know our brides. We get some pieces of the puzzle, and we try to think of aspects they may not know about to find the perfect dress."

You can learn more about Gowns of Grace on their website, [GownsofGraceBridal.com](http://GownsofGraceBridal.com), and see some of the beautiful dresses on their Facebook page, [GownsofGraceBridal](https://www.facebook.com/GownsofGraceBridal), and Instagram, [@GownsofGrace](https://www.instagram.com/GownsofGrace).