



HOT-BUTTON ISSUES

SEPTEMBER 2026

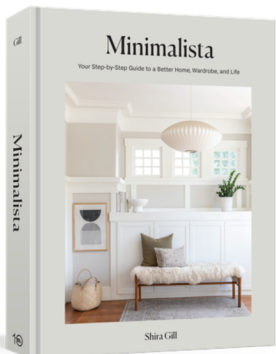
SPRING CLEANING...BUT IN THE FALL? A FRESH START BEFORE JANUARY

Most people associate spring with cleaning, organizing, and starting fresh. But around our homes and at The Button Law Firm office, the real reset tends to happen in the fall.

By September, enough of the year has passed to see what's working, what isn't, and what needs our attention.

And because November and December fill up quickly with holidays, travel, and time with family, we've learned not to leave everything until the final weeks of the year. If there's something we want to finish, fix, or change, we try to get moving before October.

For Russell, this year's fall cleanup started with a coffee-table book titled *Minimalista*.



He first picked it up at a hotel during a weekend trip to St. Louis, and its message reminded him of something important: **If something no longer fits your life, it's okay to change it and let go of the past.**

He took that advice literally and started with his closet.

"I still had workout clothes from high school and college," Russell says. "I realized I really needed some athletic clothes from this decade."

That mindset has also shaped the way he's rebuilding his health and fitness routine. After serious injuries in 2020 and 2022, Russell created an 18-month plan focused on slow, steady progress.

He started by jogging for one minute and walking for two, then gradually increased his jogging time, the number of days he exercises, and the weights he can safely lift.

"For a while, I had to be okay with not lifting heavy weights," Russell says. "Sometimes you don't know exactly how it's going to go. You just have to start where you are and keep building."



For Ashley, fall cleanup begins when the pool floats and coolers begin piling up in her garage, signaling the end of summer. As she unpacks her fall decorations, she takes the opportunity to reorganize and put everything back in order.

"It's a two-for-one," Ashley says. "I get organized and festive for fall."

Over the years, Ashley has put a lot of intention into managing mental clutter and communicating clearly, both of which are especially important in her role as an attorney and leader.

"Communication is one of our foundational pillars, so we have to be at the top of our game all the time," Ashley says.

With those habits built into how she works, it's the physical clutter, the crowded countertops, scattered pool gear, and things waiting to be put away, that tend to bother her most.

The goal isn't to make everything perfect. It's to address the little things before they become bigger problems, and that's something Russell and Ashley also put into practice at BLF.

As the year winds down, they review our Vivid Vision together. This reflection helps us wrap up unfinished projects, strengthen the foundations we've built, and set goals for what comes next.

A fresh start doesn't have to wait until January. Sometimes, the best way to begin a new year with intention is by deciding now what no longer serves you and what deserves your focus moving forward.

- Russell Button and
Ashley Knarr

FROM DAVE & BUSTER'S TO LAS VEGAS

JAMES TAKES
HIS SHOT

Long before James joined The Button Law Firm, he was drawing crowds at Dave & Buster's with a basketball and an arcade game.

James started playing Pop-A-Shot when he was a kid. The game is simple: Make as many baskets as possible before the clock runs out. But once James stepped up to play, people took notice.

"It would be like the streets of New York or L.A.," James says. "People would gather around and watch."

When James was 14, he first learned about Pop-A-Shot tournaments for the highest-scoring players. From then on, he set his sights on earning a place in one.



Players could qualify by posting the highest score during a quarter of the year, then competing locally against the other top scorers to determine who would advance.

Two years after James first learned about the tournaments, he earned his spot in a competition in New York.

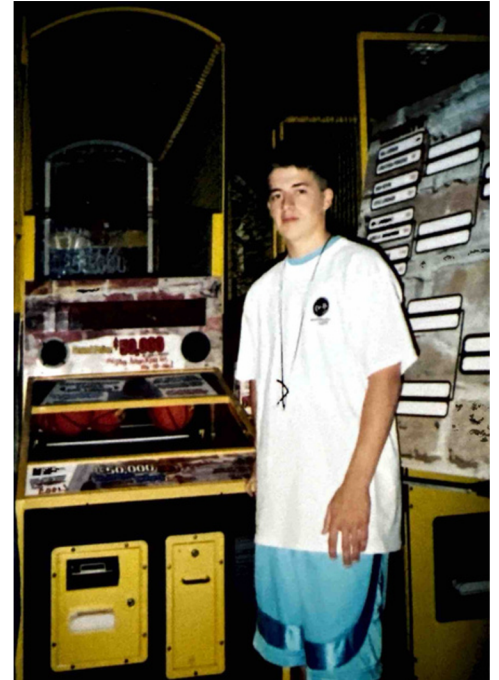
Because he was still a kid, his mom traveled with him for the experience.

The trip became even more memorable when they received tickets to see the San Antonio Spurs play the New Jersey Nets in the NBA Finals.

James also won the first round of the Pop-A-Shot tournament, earning a Jason Kidd jersey and proving that all those games at Dave & Buster's had paid off.

Years later, James discovered that another Pop-A-Shot tournament would be held in Las Vegas around the same time he was planning a vacation there.

It felt like the perfect opportunity to return to something he had loved growing up.



This time, players qualified by submitting a video of themselves reaching a high score.

Each day, the official Pop-A-Shot Instagram account reposted the two highest scores submitted the day before, and those players earned spots in the tournament.

James submitted his video, posted one of the top scores, and qualified to compete at the event hosted by the University of Nevada, Las Vegas.

Returning to competition gave James the chance to reconnect with a childhood passion and see where it could take him all these years later. But for him, Pop-A-Shot has never been about high scores, tournaments, or prizes.

His favorite part is much simpler. When he steps up to the game, he can take a break from the stress of everyday life, focus on the next shot, and enjoy playing.

Sometimes, the things we love as kids stay with us for a reason. And sometimes, they take us all the way from Dave & Buster's to New York City and Las Vegas.

BLF CLIENT REVIEW

I can't thank The Button Law Firm enough for everything they did for my son, and our family. From the very beginning, they treated us with kindness, respect, and compassion. They were always easy to talk to, answered my questions, kept me informed throughout the process, and truly made me feel like they cared about more than just our case. They fought hard to get the best outcome possible, and thanks to their dedication, my son's settlement was successfully resolved and his future is more secure. The entire team was professional, responsive, and supportive every step of the way. If you're looking for a law firm that genuinely cares about their clients and works tirelessly on your behalf, I highly recommend The Button Law Firm. Thank you for everything you've done for Draedyn and our family. We will always be grateful for your hard work and dedication.

- La'Brekka J.

CELEBRATING AYISSA'S 1ST YEAR

ONE YEAR OF HELPING FAMILIES

This month, we are celebrating Ayissa's first anniversary with The Button Law Firm.

Over the past year, Ayissa has made a meaningful impact on our team.

As a paralegal, she works closely with Cristina and Liliana to help keep cases moving forward, organize important details, and provide support to the families who place their trust in our team during some of life's most difficult moments.

"Ayissa understood from the beginning that this work is about more than checking boxes," Russell says.

"She truly cares about the families behind every case, pays attention to the details, and wants the work she does to make a real difference."

One of the qualities that has stood out most during Ayissa's first year is her commitment to learning. She is always looking for ways to strengthen her skills and take her work to the next level.

She is not afraid to pause and ask questions when she needs more context or wants to make sure she fully understands something.



For Ayissa, asking questions is part of doing the work well and continuing to grow.

That willingness to learn has also made Ayissa a great teammate.

She listens carefully, applies what she learns, and takes responsibility for helping the case team stay organized and prepared.

Her thoughtful approach makes it easier for everyone to work together and to continue providing families with the communication and support they deserve.

"Ayissa has become such a steady and dependable part of our case team," Ashley says.

"She takes her work seriously, welcomes feedback, and genuinely cares about doing things the right way for our clients. **We are so grateful for everything she has contributed during her first year.**"

What makes Ayissa such a great fit for BLF is the purpose behind her work.

She understands that every task, update, and detail is connected to a child and family who came to us for help.

That perspective shows in the care she brings to her role and in the way she supports the rest of our team.

Ayissa's growth over the past year reflects the kind of teammate and person she is: curious, thoughtful, and committed to becoming better so she can serve our clients and support the rest of the team more effectively.

We are grateful to have her as part of the BLF Family and proud to celebrate this milestone with her.

Happy one-year anniversary, Ayissa!

BLF BEHIND THE SCENES



Ashley and Rob at the Rangers Game



Kaitlyn getting licensed to practice in Missouri



Russell and family visiting Yellowstone National Park

4315 W. Lovers Lane, Suite A
Dallas, Texas 75209



**FETCHING MY
FALL OUTFITS!**

INSIDE THIS ISSUE

- 1 Clearing Clutter Before the Year Ends**
- 2 A Childhood Passion Returns for James**
- 3 Celebrating Ayissa's First Year at BLF**
- 4 Her Parents Refused to Stop Asking**

WHAT HAPPENED TO HER ARM? THE VIDEO TOLD A DIFFERENT STORY

A 10-month-old girl was sitting on the floor with other children at a Texas daycare when an overwhelmed caregiver grabbed her by one arm, pulled her away from the group, and dropped her in another part of the classroom.

The baby immediately began crying. When she tried to crawl, her injured arm repeatedly gave out beneath her.

Still, the caregiver walked past her without providing comfort or seeking medical attention.

Later that afternoon, the daycare called the child's parents and said she was unusually fussy. When they arrived, they immediately knew something was wrong.

Their daughter was crying inconsolably and would not move her arm.

Doctors later discovered that she had suffered a fracture near her elbow and needed a cast.

As her parents searched for answers, the daycare told them multiple stories.

First, they suggested that another child had caused the injury.

Then, the family was told their daughter may have injured herself. The daycare also provided a short video clip showing only what happened after she was hurt.

The family turned to The Button Law Firm to help uncover the truth and hold the daycare accountable.

Our team investigated what happened, reviewed the evidence, and stood beside them as they pursued justice.

We secured a life-changing result and justice that helped this little girl and her family move forward.

Most importantly, the daycare was held accountable for both the preventable injury and its failure to give the family honest answers afterward.

